

ACTS-NEWS

Building a community where no-one is left behind

Who we are

Alberta Community Togetherness Society, A.C.T.S in short, is a Not For profit organization that seeks to support rural and urban communities in Alberta by improving their socio-economic status and health outcomes through empowerment, advocacy, mental health and addictions support.

Mandate

To reduce barriers of accessing mental health and addictions support and provide integrated solutions to families facing these challenges. Our focus is on indigenous, ethno-cultural, marginalized and low-income members of the community that face numerous inequalities of access to supports in their communities. ACTS seeks to provide them with life skills support, addiction and mental illness treatment, academic support, respite care, crisis counselling as well as addressing any other social problems they maybe experiencing



Vision

Building a thriving community where no one is left behind. A community where the family structure is valued and each member can be supported to realize their fullest potential, engage in healing and wellness supports, cope with daily stresses and meaningfully contribute to their communities.

Mission

To provide, promote and facilitate responsive community based quality mental health and addictions support services and interventions for people from racialized, ethnocultural and low-income backgrounds experiencing mental illness and addiction challenges in a collaborative, person centered towards reducing barriers and providing solutions for building an equitable, Integrated and socially cohesive society.





Fort McMurray Youth Treatment & Wellness Centre.

- 8 bed Addictions and Mental Health Wellness & Treatment centre for 11-18 year olds
- Structured and informal interventions within a less restrictive environment that provides person centred care and facilitates recovery within a wrap around model.
- Support and treatment modalities: **Cognitive Behavioural Therapy**, pharmacological Interventions (patients will continue taking their medications as per their prescriptions and their physician will remain involved in their care.
- Art and Animal therapy.
- On site greenhouse for outdoor gardening and Agricultural activities.
- Treatment and support provided under two strands: **Wellness and Life-skills**
- Our staffing consists of Wellness Coaches, Life-skills coordinators, Registered Nurses, Academic coordinator and In-reach staff consist of: Psychologist, Psychiatrist and volunteers for various Therapies (Art, Music, etc)

Our Seven Core Values

- Preserving Dignity
- Cultural Humility
- Inclusion
- Transparency
- Community
- Health & Wellness
- Efficiency

These are at the heart of everything we do.

Youths are not leaders of tomorrow, they are leaders of today helping us to shape tomorrow.

